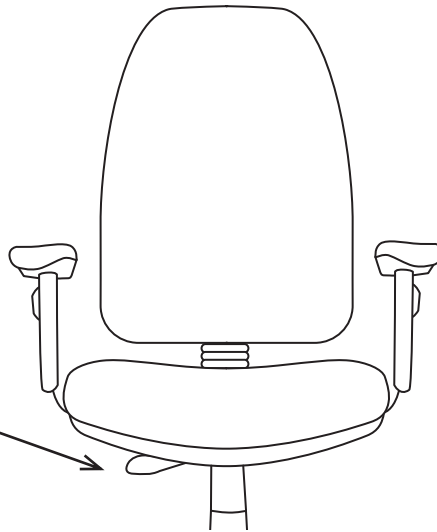
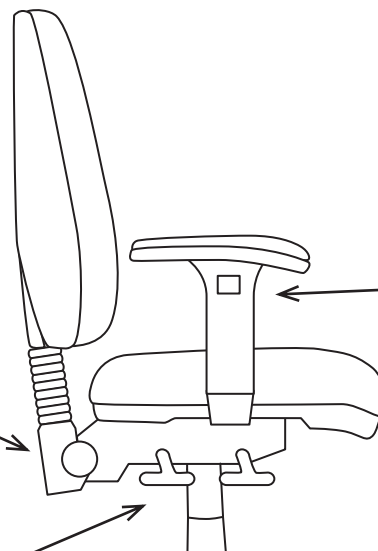


HOW TO ADJUST YOUR **Forte 520 Programme Chair**



Seat Height

(where gas lift is fitted)
Sit in the chair with feet firmly on the floor. Lift body weight slightly off the seat while lifting lever until a comfortable height is achieved.



Back Rest Height

To raise or lower the back of the chair, turn the back knob anticlockwise to unlock. Slide the backrest to a comfortable height and tighten the knob clockwise to lock.

Arm Height

(where fitted)
Lift the round knob on the outside of the arm and release when the desired height is achieved.

Multi-function Mechanism

Upward movement of the rear level releases the seat and back angle. When a comfortable position is achieved, release the lever.

Note that your chair may not be fitted with all options.