

# HOW TO ADJUST YOUR **Maxim 147 Programme Chair**



## **Arm Height**

*(where fitted)*

Lift the round knob on the outside of the arm and release when the desired height is achieved.



## **Seat Height**

*(where gas lift is fitted)*

Sit in the chair with feet firmly on the floor. Lift body weight slightly off the seat while lifting lever until a comfortable height is achieved.

## **Synchron Mechanism**

This mechanism is designed to follow the natural movement of the body and may be left in free float mode or locked by gently pushing down on the lever.

**Please note.** For safety the mechanism will not unlock unless the user has body weight against the back.

## **Back Height-Synchron Mechanism**

Hold either side of the back and gently slide upwards to fit the small of the back.

### **Important**

To set, lift the back ratchet all the way to the top of the adjustment (which will then unlock), then lower to the lowest position and slide upwards until you reach the desired position.

**Note that your chair may not be fitted with all options.**